

Bike Ride to Chattanooga Information

The following information is for persons wishing to cycle from the Nashville area to Chattanooga for the ABW or Pro Walk Pro Bike meetings. Transport to Murfreesboro will be provided for anyone arriving at Nashville Airport on Sept 9 or 10. We can also transport a reasonable amount of luggage directly to and from Nashville to Chattanooga. Any gear needed at Monteagle or Sewanee will need to be carried on the bike. The routes below are recommended but most roads outside the Metro areas of Nashville and Chattanooga are cyclable.

Lodging

At Sewanee, University of the South

1. Sewanee Inn, on University of the south main campus. Double bedded room with continental Breakfast. Web site states must be affiliated with university but they will rent to public. 931-598-1686 \$84/night.
2. St. Mary's Retreat. On University property but about 6 miles West of Sewanee. Double bedded dorm style rooms with bath down hall. No food, No A/C, but beautiful setting. \$50/night Single \$72 Double.
3. St Joseph's Retreat. Near St Mary's. six bedded rooms with bath down hall. Has A/C and view, still no food. Begin at \$32/night for two, \$12.night for each extra person = \$86/n for six people.

800-728-1659 for both Saints.

Monteagle

1. Best Western Smoke Houses Lodge \$71/night, 2 Queens, 931-924-2091
2. Day's Inn, \$48/night, 2 doubles, 931-924-2900

Food

Sewanee: Blue Chair 931-598-5434, Shenanigans 931-598-1885, The Globe 931-598-1885.

Monteagle: Pappa Ron's 931-924-3355, Mountain Breeze 931-598-5000

There is a scattering of places for water and snacks along the route. As usual, don't pass up an opportunity to water up if you are getting low.

Routes.

[Day 1, Murfreesboro to Sewanee](#)

[Day 2, Sewanee to Chattanooga](#)

For any specific questions or needs please email bruceeday@gmail.com